

## THIRD SUNDAY OF THE YEAR

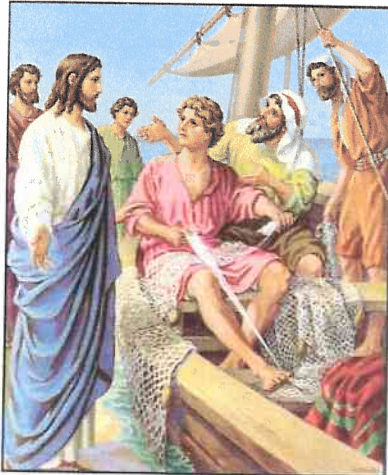
22nd January 2017

St. Mary's, Belford Road, Fort William PH33 6BT. Tel. (01397) 702174

A Parish of the R. C. Diocese of Argyll & the Isles Charitable Trust

Registered Scottish Charity No. SC002876

[www.stmarysfortwilliam.org](http://www.stmarysfortwilliam.org)



### Noticeboard

Sunday Masses First Mass of Sunday (Vigil Mass) Saturday, 6 p.m.  
Sunday Morning Mass 10.30 a.m.

Weekday Masses Monday, 5 p.m.  
Other Weekdays, 10.15 a.m.

Sacrament of Reconciliation Saturday  
- 9.45 to 10 a.m.  
- 4 to 4.30 p.m.  
- 5.30 to 5.45 p.m.

*Tuesday is the Memorial of St. Francis de Sales; Wednesday, the Feast of the Conversion of St. Paul; Thursday the Memorial of Sts. Timothy and Titus; Saturday, the Memorial of St. Thomas Aquinas.*

Our annual **Christian Unity Week** service takes place in the Duncansburgh MacIntosh Church this Sunday at 6.30 p.m. A warm welcome is extended to all of us.

**Bishop Brian** will be with us next Sunday. Please keep our five young confirmands in your prayers.

**Mary Graham's** Funeral Mass took place on Friday. One of the Brady family, Mary was buried from the church where she was baptised in October, 1934: the first baptism in the new St. Mary's. Hers was a life of faith, love and courage. May the Lord now grant her eternal peace. We extend our sincere sympathy and prayer to her husband Alec, to Peter, Colin, Brian, Angela and all of Mary's loved ones, including her brother James and her sister Agnes.

We pray also for those whose anniversaries are about this time: **John MacDonald, Ann Gall, Luigi de Santis, Iain MacLean, Eilidh MacIntyre, Jan Stage, Flora MacPhee, Lizzie MacBeth, Frank Timbrell, Patrick Ryan, Margaret Doyle, Margaret MacIntyre, Kathleen Gibson and Kenneth MacDonald.** May their souls and the souls of all the Faithful Departed through the mercy of God rest in peace.

**Ash Wednesday** will be on the 1<sup>st</sup> March; **Easter Sunday** on the 16<sup>th</sup> April.



**The tomb of Thomas Aquinas in the Dominican Jacobin Church, Toulouse, France**

## The Wisdom of St. Francis de Sales

“Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset.”

“A quarrel between friends, when made up, adds a new tie to friendship.”

“Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections, but instantly set about remedying them - every day begin the task anew.”

“Do not wish to be anything but what you are, and try to be that perfectly.

“If, when stung by slander or ill-nature, we wax proud and swell with anger, it is a proof that our gentleness and humility are unreal, and mere artificial show.”

“The same everlasting Father who cares for you today will care for you tomorrow and every day. Either he will shield you from suffering or give you unfailing strength to bear it. Be at peace then and put aside all anxious thoughts and imaginings.”

“It is a fact that people are always well aware of what is due them. Unfortunately, they remain oblivious of what they owe to others.”

“You learn to speak by speaking, to study by studying, to run by running, to work by working; and just so, you learn to love by loving. All those who think to learn in any other way deceive themselves.”

“God takes pleasure to see you take your little steps; and like a good father who holds his child by the hand, He will accommodate His steps to yours and will be content to go no faster than you. Why do you worry?”

“Fits of anger, vexation, and bitterness against ourselves tend to pride and they spring from no other source than self-love, which is disturbed and upset at seeing that it is imperfect.”

“During the night we must wait for the light.”

“The whole world is not worth one soul.”

“Make friends with the angels, who though invisible are always with you. Often invoke them, constantly praise them, and make good use of their help and assistance in all your temporal and spiritual affairs.”

