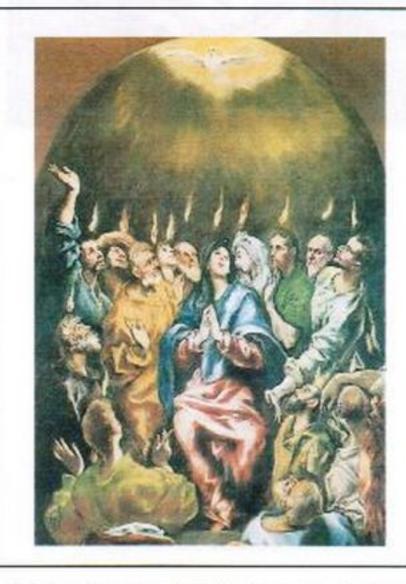
SOLEMNITY OF PENTECOST

19th May 2013

St. Mary's, Belford Road, Fort William PH33 6BT. Tel. (01397) 702174 Charity No. SC002876



Noticeboard

Sunday Masses: Vigil Mass, Saturday, 6 p.m.

Sunday Morning Mass 10.30 a.m.

Weekday Masses: 10.15 a.m. Except on Thursday, when

Mass will be at 12 noon (Funeral Mass of

Nina Aitchison RIP)

Sacrament of Reconciliation: Saturday: 9.45 to 10 a.m.

4 to 4.30 p.m. 5.30 to 5.50 p.m.

May Devotions Wednesday, 7 p.m.

There will be no Feasts or Memorials celebrated this week.

You are all invited to the annual **Pentecost Walk.** It begins this Sunday evening in St. Mary's, at 6.30 p.m. There will be short services in each of the three churches, followed by teas in St. Andrew's Hall.

We thank Fr. Fraser for looking after the deanery during the retreat at Pluscarden. By all accounts, he enjoyed his stay among you. Thank you for making him so welcome.

We pray for our Faithful Departed. Please remember Nina Aitchison who died suddenly earlier this week. May the Lord welcome her into eternal peace and joy, and may he comfort Nina's sister, Barbara Boyd, and all the family and close friends. Nina's Funeral Mass will be on Thursday at 12 noon, after which she will be laid to rest in Ardgour. We pray also for those whose anniversaries are about this time: Ryan Laskey, Mary Tully, Ann MacDonell, Bill Smilie, Mairi Girvan, Mary MacNeil, Angus MacAlister, Jock MacDonald, Gregory McKee, Duncan MacDonald, John Archie Gillies, Roddy Wright, Bella MacKinnon and Stephen Archibald. May their souls and the souls of all the Faithful Departed through the mercy of God rest in peace.

Jamie Manson's ascent of Ben Nevis will be on Saturday, 15th June. We thank those who are sponsoring him! Please hand in your donations in an envelope marked "Jamie" so as to avoid confusion.

Thank you for your very generous support of the Church's communications. Last Sunday's special collection came to £421.66.

The Easter Season ends this Sunday. On Monday we rejoin **Ordinary Time**, its Seventh Week to be exact. The readings are from Year I of the Lectionary.

Holy Communion will be taken to the housebound next week, from Monday, 27th to Wednesday, 29th May.

The monks of **Pluscarden Abbey** made us feel as welcome as ever. It was nice to see Father Giles back from his years in Ghana. Dom Anselm Atkinson has replaced Bishop Hugh Gilbert as Abbot. We wish him every blessing. We thank Fr. John McLoughlin of Liverpool Archdiocese for his talks during the retreat. He gave us some very deep and beautiful insights into the prayer life of Our Lord. Baxter the monastery cat is still on patrol! Despite age and girth, he can still jump onto window sills, and he is as selective in his favours as ever.

Pentecost Quotes



For Christians it's always a love game ... that He is love itself ... Indeed, some have suggested that one way of understanding the Spirit is to see the Spirit as the personal love which the Father has for the Son and the Son for the Father. (Rt. Rev. Tom Wright)



The Holy Spirit is the most perfect gift of the Father to men, and yet He is the one gift which the Father gives most easily.

(Thomas Merton)



When you say a prayer, He (Holy Spirit) is in every word of it, and like a Holy Fire, penetrates each word. (St. John of Kronstadt)



Some souls think that the Holy Spirit is very far away, far, far, up above. Actually he is, we might say, the divine Person who is most closely present to the creature. He accompanies him everywhere. He penetrates him with himself. He calls him, he protects him. He makes of him his living temple. He defends him. He helps him. He guards him from all his enemies. He is closer to him than his own soul. All the good a soul accomplishes, it carries out under his inspiration, in his light, by his grace and his help. (Concepcion Cabrera de Armida)



The divine awakening produces in the soul of the perfect a flame of love which is a participation of that living flame which is the Holy Spirit Himself...This is the operation of the Holy Spirit in the soul that is transformed in love: that His interior action causes it to send out flames...This flame wounds the soul as it is given, but the wound is tender, and, instead of causing death, it increases life; for the soul is holiest that is most wounded by love. (St. John of the Cross)



Why would we need to experience the Comforter if our lives are already comfortable? (Francis Chan)



No generation can claim to have plumbed to the depths the unfathomable riches of Christ. The Holy Spirit has promised to lead us step by step into the fullness of truth. (Cardinal Suenens)



The gift of the Holy Spirit closes the gap between the life of God and ours. When we allow the love of God to move in us we can no longer distinguish ours and his; he becomes us, he lives us. It is the first fruits of the Spirit, the beginning of our being made divine. (Austin Farrer)



We are all strings in the concert of his joy; the Spirit from his mouth strikes the note and the tune of our strings. (Jakob Boehme)

Pentecost Images

